

Most people recover from the bodily injuries of rape.

My anus is still not better weeks after being raped. What could be the problem?

If the anus was badly torn it may still be healing. Also, if a condom was not used, you may have a sexually transmitted infection including HIV. You should see the doctor for tests and some treatment.

What will the doctor do at the clinic?

The doctor will ask you to tell them what happened during the rape. It is important to be truthful so that the doctor can treat you properly. The doctor will look at your anus and take some tests for sexually transmitted infections and will give you some treatment.

Your feelings can become settled by talking about what happened with the doctor or friend.

Will the rape damage me permanently?

Most people recover from the bodily injuries of rape. But rape can damage your feelings for much longer. You can feel bad about yourself and think that other people do not like you. You may have trouble sleeping and feel ashamed. Some people feel weak and helpless, which makes it harder for you to protect yourself from being hurt again. If you feel like this, you should seek care and support. The doctors and/or counsellors can help you feel stronger again.

This series of 12 fact sheets including:

- Male Anogenital anatomy
- Anogenital ulcer
- What infections am I at risk of when having sex?
- How to put on a condom?
- Male to Female Genital surgery
- Genital warts
- Hormone Therapy for Male to Female Transgender People
- Proctitis
- **What can happen to me if I am raped?**
- Scrotal swelling
- What does an STI & HIV check up involve?
- Urethral discharge



For more information please contact:

Dr. Chavalit Mangkalaviraj,
IUSTI Asia Pacific Branch
Tel: 0-2286-3263
E-mail: chavalit@cottisa.org, tmsstd@bkk.a-net.th
Website: www.cottisa.org

What can happen to me if I am raped?



Used with permission from AIDS Concern Hong Kong

Rape is a crime.

What is rape?

Rape is a violent behavior using sex. It occurs when someone forces you to have sex with him without your permission. Rape is a crime.



The doctor will ask you to tell them what happened during the rape.

The affect on your body depends on which part is involved in the rape. For MSM, rape commonly involves a man forcing his penis into your anus. He might also use a hand or an object to force inside you. When you are raped, your muscles are very tense because you are frightened of being hurt. So, when something is forced inside your anus without lubrication, the anal muscle becomes tighter. This can cause the anal muscle and skin to tear. This causes pain. You may also be bruised on your anus or on other parts of your body where you have been hurt.

After being raped, you may also feel nervous, scared and cry easily. You may not trust other people. This is a normal reaction because something shocking has happened to you. If these feelings don't go away quickly, you should go talk to the doctor. The clinic is a safe place to talk about what happened.

What can happen to my body after being raped?

Both your body and your feelings can be hurt after being raped.