

Condoms provide the best protection against urethral discharge.

#### What else do I need to know about urethral discharge?

- Finish all drugs the doctor gives you to treat urethral discharge.
- Avoid sexual intercourse for one week after treatment because the infection may not be dead yet. Use a condom if you cannot abstain from sexual intercourse during this time.
- Return for a follow-up appointment after the treatment to check that you are better.
- Regularly clean the anogenital area with mild soap and water to keep it healthy and reduce the chance of spreading the infection to other parts of your body.
- Condoms provide the best protection against urethral discharge.

#### Do sexual partners need treatment?

Sexual partners exposed by anal, oral or vaginal sex without a condom are at high risk of catching the infection. They should have the same treatment as you.

#### What happens if urethral discharge is not treated?

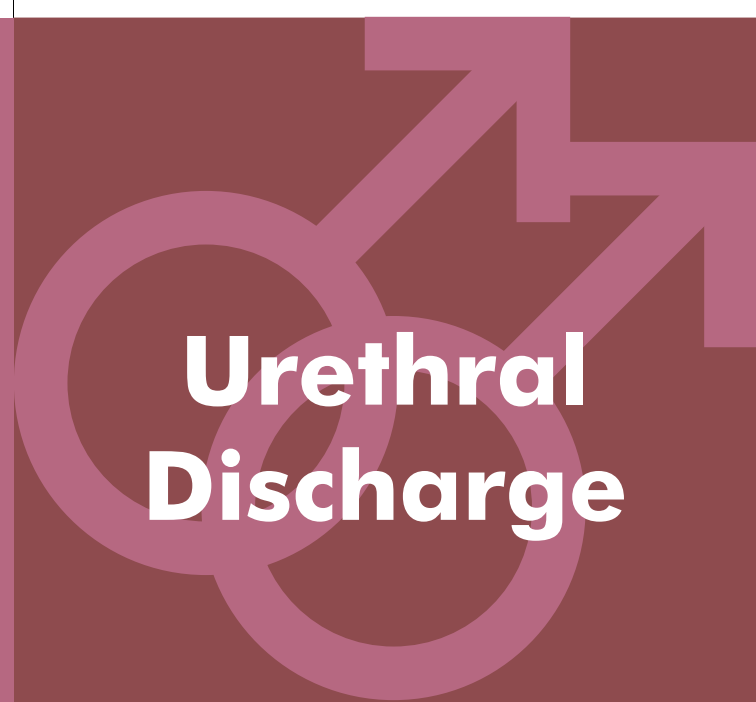
If urethral discharge is not treated, the infection can spread to other parts of your body. You can also give it to other people you have sex with if it is not treated.

#### This series of 12 fact sheets including:

- Male Anogenital anatomy
- Anogenital ulcer
- What infections am I at risk of when having sex?
- How to put on a condom
- Male to Female Genital surgery
- Genital warts
- Hormone Therapy for Male to Female Transgender People
- Proctitis
- What can happen to me if I am raped?
- Scrotal swelling
- What does an STI & HIV check up involve?
- **Urethral discharge**



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#### What is urethral discharge?

Urethral discharge is pus coming from the tube (called the urethra) inside your penis. This happens when there is an infection in the urethra.

#### How do I know if I have urethral discharge?

You will notice fluid coming out of the opening of your penis. The fluid may be clear, white or yellow. Usually you will also have a burning pain inside your penis when you urinate.

#### What causes urethral discharge?

Urethral discharge is usually caused by sexually transmitted infections such as chlamydia and/or gonorrhea. You may have one or both of these infections together.



Centers for Disease Control and Prevention, USA.

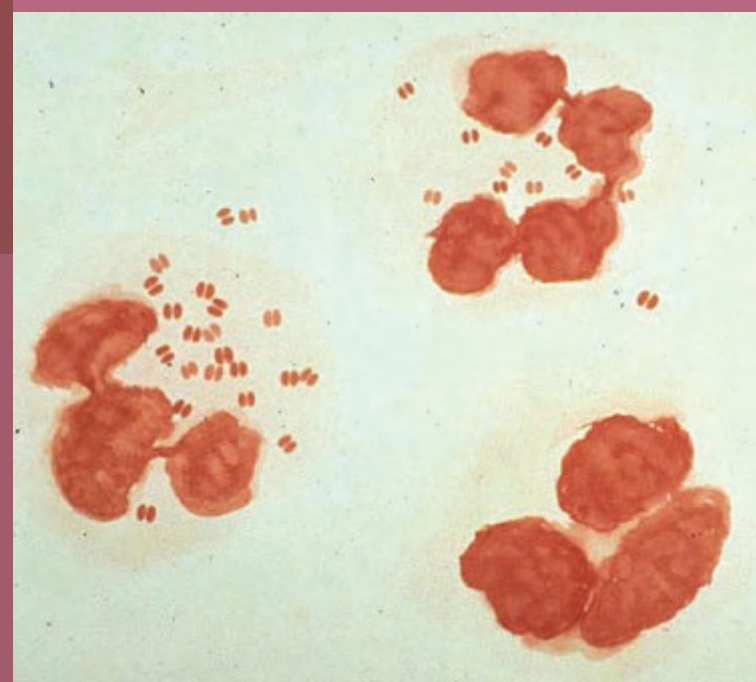
You will notice fluid coming out of the opening of your penis.

#### How do I check for urethral discharge?

The doctor may collect a sample of the discharge to view under a microscope. Pus indicates an infection in your penis. You or the doctor may find the urethral discharge by squeezing from the base to the tip of your penis to make the pus come out.

#### Is there any treatment?

The correct antibiotics easily cure urethral discharge.



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